

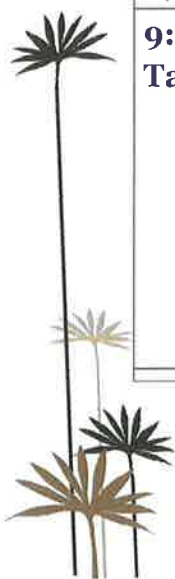
April

Bellport Seniors

2019



Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sunday
1 9:30 am Tai Chi	2 12:30 pm Silver Sneakers	3 9:30 am Qigong	4	5 10:30 am Countryline Dancing	6	7
8 9:30 am Tai Chi	9 12:30 pm Silver Sneakers 2-4 SignUps	10 9:30 am Qigong 2-4 SignUps	11 2-3 SignUps	12 10:30 am Countryline Dancing	13	14 
15 9:30 am Tai Chi	16 12:30 pm Silver Sneakers	17 9:30 am Qigong	18	19 10:30 am Countryline Dancing	20	21 
22 9:30 am Tai Chi	23 12:30 pm Silver Sneakers	24 9:30 am Qigong	25	26 10:30 am Countryline Dancing	27	28
29 9:30 am Tai Chi	30					
<ul style="list-style-type: none"> • All Classes are held in the Bellport Community Center on Bell Street. • Please bring water and wear appropriate clothing for each particular class. • Classes are \$5.00 per class. If you maintain a Silver Sneakers membership, then you are exempt from paying for that class. 						



Calendar may be found online at:
bellportvillageny.gov
 departments > senior happenings

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Satur	Sunday
		1	2	3	4	5
		9:30 am Qigong		10:30am CLD		
6	7	8	9	10	11	12
9:30 Tai Chi	12:30 Silver Sneakers 8 am departure West Point Tour/Lunch	9:30 Qigong		10:30 CLD		Claire Rose Theatre 2:45 @ Playhouse "Breaking Legs"
13	14	15	16	17	18	19
9:30 Tai Chi on the Lawn	12:30 Silver Sneakers	9:30 Qigong on the Lawn	7:30 am departure CASINO trip	10:30 CLD		
20	21	22	23	24	25	26
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong		10:30 CLD 10 am departure Riverhead Aquarium/ Boat /Lunch		
27	28	29	30	31		
MEMORIAL DAY	12:30 Silver Sneakers	9:30 Qigong 9:30am depart Long House Reserve		10:30 CLD		

5/7 West Point & Lunch @ Thayer Hotel. Cost is \$50. + \$3.00 tip for driver (to be paid on coach). NF Bus departs Community Center at 8 am Sharp

5/12 Breaking Legs a comedy. Meeting at playhouse. Carpool available from Porter's lot at 2:15. Cost \$10.

5/16 Casino day trip. Vans depart Porter's lot at 7:30

5/24 Riverhead Aquarium self-guided tour & guided boat tour. Lunch @ 2pm. \$40 No bus!

5/29 LongHouse Reserve guided tour of sculptor gardens. Lunch at 2 pm Vans/cars only Cost is \$30.

June

2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				31	1	2
3	4	5	6	7	8	9
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong	9:30 departure LongHouse Reserve & Lunch	10:30 CLD		
10	11	12	13	14	15	16
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong	10:30 departure OHEKA Tour & Lunch	10:30 CLD		
17	18	19	20	21	22	23
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong 8 am departure NYBG		10:30 CLD		
24	25	26	27	28	29	30
9:30 Tai Chi	12:30 Silver Sneakers 8:30 am Museum of Moving Images / Lunch	9:30 Qigong		10:30 CLD		

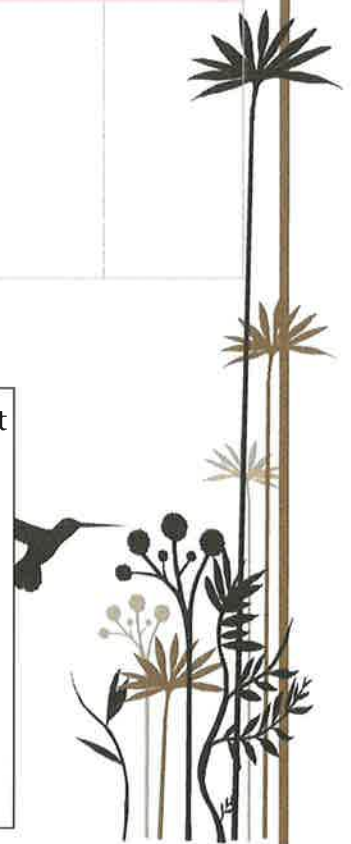
Notes:

6/6 **LongHouse Reserve** Depart via cars/vans from Porter's lot at 9:30am. Lunch at 2:30pm. Cost \$30.

6/13 **Oheka Castle Mansion tour & Lunch.** Depart from Porter's via cars/vans at 10:30 am. Cost \$50.

6/19 **New York Botanical Gardens (NYBG)** North Fork bus departs Community Center at 8 am SHARP. Lunch on your own. Cost \$10. + \$3. For driver (to be paid on the bus)

6/25 **Museum of Moving Images (MOMI)** North Fork bus departs Community Center at 8:30 SHARP. Lunch at 2 pm Cost \$40 + \$3. Tip for the driver (to be paid on the bus)

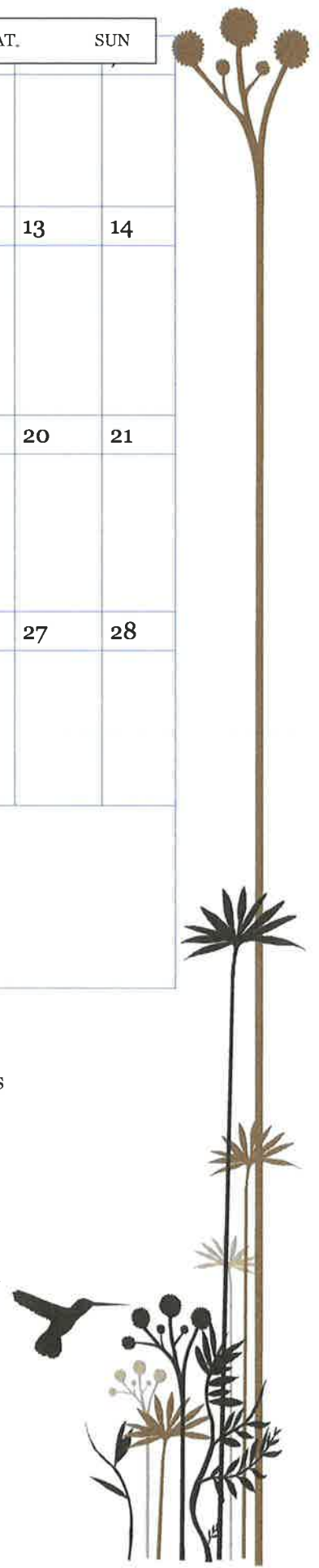


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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.	SUN
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong		10:30 CLD		
8	9	10	11	12	13	14
9:30 Tai Chi	12:30 Silver Sneakers 8 am depart Thimble Island Cruise /Lunch	9:30 Qigong		10:30 CLD		
15	16	17	18	19	20	21
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong	8:30 Depart Westchester Lunch Theatre	10:30 CLD		
22	23	24	25	26	27	28
9:30 Tai Chi 6PM Sunset by the Bay	12:30 Silver Sneakers	9:30 Qigong		10:30 CLD		
29	30	31				
9:30 Tai Chi	12:30 Silver Sneakers	9:30 Qigong 8 am depart St. John the Divine Tour				

Notes:

- 7/9 **Thimble Island Cruise** departs Community /center via NF bus at 8 am SHARP. Lunch at 2:30 PM Bring sunscreen and wear rubber soled shoes. Cost \$50. + \$3. Tip for driver (collected on the bus)
- 7/18 **Westchester Theatre** presents the musical *On Your Feet*. NF bus departs community center at 8:30 am. Lunch included during the performance. Cost \$50 + \$3 tip for the driver (collected on the bus)
- 7/22 **Sunset by the Bay at Mother's Beach**. BYOD, chair & little bite will be provided.
- 7/31 **Cathedral of St. John the Divine** NF bus departs community center at 8 am SHARP. Guided tour and lunch following. Cost \$50 + tip for driver (collected on the bus)



August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
			1 7:30 am departure CASINO Day	2 10:30 CLD	3	4
5 9:30 Tai Chi 8 am Tour of Brooklyn Heights w/Hans	6 12:30 Silver Sneakers	7 9:30 Qigong	8	9 10:30 CLD	10	11
12 9:30 Tai Chi	13 12:30 Silver Sneakers	14 9:30 Qigong	15	16 10:30 CLD 6:30 PM Concert & Pizza	17	18
19 9:30 Tai Chi 6 PM Sunset by the Bay	20 12:30 Silver Sneakers	21 9:30 Qigong	22	23 10:30 CLD	24	25
26 9:30 Tai Chi	27 12:30 Silver Sneakers	28 9:30 Qigong	29	30 10:30 CLD	31	

Notes:

8/1 Casino Day 7:30 am vans depart from Porter's lot for Orient Point ferry. Return on the 5 PM ferry. Throwback Thursday price of \$21. Pay at ferry station

8/5 Guided tour of Brooklyn Heights & Brooklyn Bridge by Hans. You may walk across the bridge if desired. Lunch at 3 PM Cost \$50.

8/16 Pizza & Concert at the Bandshell. Bring your own chair. Soft drinks will be provided with the meal.

8/19 Sunset by the Bay at Mother's Beach @ 6 PM. Bring a chair and BYOD. Lite bite will be provided

